

january 2026

K-8th Grade Lunch

At lunch, students are offered all five required food components in at least the minimum required amounts. The components at lunch are meats/meat alternates; grains; fruit; vegetables; and fluid milk. Under OVS, a student must take at least three components in the required serving sizes. One selection must be at least $\frac{1}{2}$ cup from either the fruit or vegetable component. There will be additional fruit and vegetable options available for all students.

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

| | | | | |
|--|---|---|--|---|
| | | | 1  Happy New Year No School | 2  No School |
| 5 Pupil Free Day | 6 Pupil Free Day | 7 Chicken Teriyaki Rice Carrots and Broccoli | 8 WG Calzones Corn in Cup Cucumber Slices | 9 Beef Spaghetti Caesar Salad Roasted Zucchini |
| 12 Beef Burger Potato Wedges Lettuce and Tomato Slices | 13 Bean and Cheese Chalupa Pinto Beans Pico de Gallo | 14 Swedish Meatballs Mashed Potatoes Steamed Broccoli Dinner Roll | 15 Chicken Nuggets Carrot Sticks Potato Tots | 16 Turkey and Cheese Subs Caesar Salad Celery Sticks |
| 19 MLK DAY No School | 20 Hot Dogs Chili Beans Carrot Sticks | 21 Chicken Salsa Verde Rice Black Beans and Corn | 22 Chicken Wings Potato Wedges Cucumber Slices | 23 Bean and Cheese Pupusa Curtido Salsa |
| 26 Chicken Sandwich Potato Tots Lettuce and Tomato Slices | 27 Beef Taco Stick Jicama Sticks Cucumber Slices | 28 Fish Sandwich Cabbage Slaw Corn Cobbette | 29 Bean and Cheese Burrito Broccoli Carrot Sticks w/Ranch | 30 Pepperoni Pizza Garden Salad Celery Sticks |

This institution is an equal opportunity provider.