

Tue

Wed

Thu

Fri

9th-12th Grade Lunch



Beef Burger Potato Puffs lettuce and

Tomatoes

4 Chicken Teriyaki Rice Edamame Carrots **Goldfish Crackers**

Popcorn Chicken Mashed Potatoes Corn

6 Cheesy Pull Apart Bread Marinara Sauce Caesar Salad

Chicken Taquitos Jicama Sticks **Cucumber Slices**

10 Corn Dog Potato Wedges Carrot Sticks with Ranch

11 Bean and Cheese **Burritos** Beans Celery Sticks with Ranch

12 Chicken Alfredo Pasta Garden Salad Broccoli Dinner Roll

13 Chicken Nuggets Corn Carrot sticks

14 Pepperoni Pizza **Cherry Tomatoes Cucumber Slices**

Chicken Sandwich Potato Wedges Garden Salad

18 **Beef Nachos** Pinto Beans Pico De Gallo Salsa

Spaghetti w/Meat Broccoli Carrot Stick with Ranch **Texas Tosat**

20 Taco Stick Jicama Sticks **Cucumber Slices** 21 Holiday Meal

24

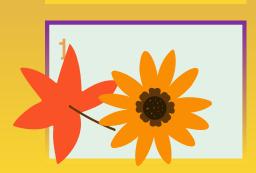
Break for Students 11/24-11/28

27 Happy Thanksgiving 28

4



At lunch, students are offered all five required food components in at least the minimum required amounts. The components at lunch are meats/meat alternates; grains; fruit; vegetables; and fluid milk. Under OVS, a student must take at least three components in the required serving sizes. One selection must be at least ½ cup from either the fruit or vegetable component. There will be additional fruit and vegetable options available for all students.



This institution is an equal opportunity provider.