## AUGUST 2025 K=8<sup>TH</sup> GRADE LUNCH

MON **TUE WED THU FRI** 

## WELCOME BACK EVERYONE

FIRST DAY OF **SCHOOL** 12 Chicken in Salsa Verde Mini Corn Dogs **Chicken Tenders** Spaghetti w/Meat Sauce Pepperoni Pizza w/Rice Potato Puffs Mashed Potato Garden Salad Caesar Salad Black Beans **Cucumber Slices Steamed Carrots** Carrot Sticks and Ranch Jicama Sticks Steamed Broccoli 20 18 22 Beef Teriyaki Dippers Chicken Alfredo Pasta Chicken Sandwich Carne Asada Nachos **Beef Taco Sticks** Rice, Carrots **Potato Wedges** Pinto Beans Steamed Broccoli Cherry Tomatoes Steamed Broccoli Garden Salad Pico De Gallo Salsa Zucchini Jicama Sticks 25 29 Cheese Ravioli Beef Chalupa Bean and Cheese Pupusa

Beef Burger

Potato Wedges

Steamed Corn

At lunch, students are offered all five required food components in at least the minimum required amounts. The components at lunch are meats/meat alternates; grains; fruit; vegetables; and fluid milk. Under OVS, a student must take at least three components in the required serving sizes. One selection must be at least ½ cup from either the fruit or vegetable component. There will be additional fruit and vegetable options available for all students.



Steamed Broccoli

Garden Salad

Pinto Beans

Jicama Sticks



Cortido

Red Salsa

Chicken Taquitos

**Cucumber Slices** 

Carrot Sticks



