

# SEPTEMBER 2024

## K-8th Grade Lunch

MON	TUE	WED	THU	FRI
<b>2</b> No School	<b>3</b> Chicken Nuggets Potato Tots Baby Carrots	<b>4</b> Cheese Ravioli Caesar Salad Steamed Broccoli Texas Toast	<b>5</b> Orange Chicken and Rice Edamame Carrots	<b>6</b> Pull Apart Bread Marinara Dipping Sauce Corn Cup
<b>9</b> Hamburgers w/Potato Wedges Lettuce and Tomato	<b>10</b> Chicken Tamales Pinto Beans Baby Carrots	<b>11</b> Spaghetti w/Meatballs Caesar Salad Cucumber Slices	<b>12</b> Bean and Cheese Pupusa Cortido and Salsa	<b>13</b> Pepperoni Pizza Corn Cup Steamed Broccoli
<b>16</b> No School	<b>17</b> Corn Dog Celery Sticks Mashed Potatoes	<b>18</b> Chicken Verde w/Rice Pinto Beans Zucchini	<b>19</b> Beef Chalupa Garden Salad Carrots	<b>20</b> Pepperoni Calzone Steamed Broccoli Jicama Sticks
<b>23</b> Crispy Chicken Sandwich Potato Wedges Lettuce and Tomato	<b>24</b> Carne Asada Nachos Salsa Pinto Beans	<b>25</b> Chicken Alfredo Pasta Caesar Salad Baby Carrots	<b>26</b> Beef Taco Stick Cucumber Slices Jicama Sticks	<b>27</b> Hot Dogs Corn Cob Celery Sticks
<b>30</b> Chicken Tenders Crinkle Cut Fries Celery Sticks	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>

At lunch, students are offered all five required food components in at least the minimum required amounts. The components at lunch are meats/meat alternates; grains; fruit; vegetables; and fluid milk. Under OVS, a student must take at least three components in the required serving sizes. One selection must be at least 1/2 cup from either the fruit or vegetable component. There will be additional fruit and vegetable options available for all students.

This institution is an equal opportunity provider