May 2024 9th-12th Grade Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
		¹ WG Chicken Tenders Celery Sticks and Carrot Sticks	² WG Chicken Corndogs Vegetarian Beans Baby Carrots	3 WG Calzone Jicama Sticks Cucumber Slices
5 Beef Burger Potato Wedges Lettuce and Tomato Slice	 ⁷ WG Chicken Nuggets Carrots Mashed Potatoes Goldfish Crackers 	8 WG Pasta w/Chicken Alfredo Side Salad+Cucumber Slices + Garlic Bread	9 Chicken Tamales Pinto Beans Salsa	10 Pulled Pork on We Bun Cole Slaw Corn Cobbette
13 Chicken Wings (2) Dinner Rolls Carrot and Celery Sticks	14 Spaghetti +Meatballs Broccoli Side Salad Goldfish Crackers	15 Turkey and Cheese Subs Lettuce and Tomato Slices Vegetarian Beans	16 Beef Chalupa Pinto Beans Salsa	17 Pepperoni Pizza Jicama Sticks Cucumber Slices
20 Hot Dogs Potato Wedges Chili Beans	21 Carne Asada Nachos Pinto Beans Salsa	€hicken Teriyaki w/Rice Carrots and Broccoli + Goldfish	23 Bean and Cheese Pupusa Cortido Salsa	24 BBQ Drumstick Corn Muffin Mashed Potatoes Corn + Dirty Rice
27 No School Memorial Day	28 WG Chicken Nuggets Carrots Mashed Potatoes	² Penne Pasta w/ Meat Sauce Side Salad Jicama Sticks Dinner Roll	³ Orange Chicken w/ Rice Carrots and Edamame + Crispy Chow Mein	31 Pull Apart Cheese Bread Marinara Sauce Broccoli

This institution is an equal opportunity provider.

My notes

~^__

At lunch, students are offered all five required food components in at least the minimum required amounts.

The components at lunch are meats/meat alternates; grains; fruit; vegetables; and fluid milk. Under OVS, a student must take at least three components in th required serving sizes. One selection must be at least $\frac{1}{2}$ cup from either the fruit or vegetable component. There will be additional fruit and vegetable options available for all students.