

APRIL 2024

K-8th Grade Lunch

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1

2

3

4

5

Spring Break

8

Chicken Nuggets
Tater Tots
Carrot Sticks

9

Bean and Cheese
Burritos
Salsa
Cucumber Slices

10

Korean BBQ
Chicken w/ Rice
Corn Cheese
Broccoli

11

Meatball
Sandwich
Vegetarian Beans
Jicama Sticks

12

Pepperoni Pizza
Side Salad
Carrot Sticks

15

Beef Burger
Potato Wedges
Baby Carrots

16

Chicken Tamales
Pinto Beans
Salsa

17

Chicken Teriyaki
Rice+Broccoli
Steamed Carrots

18

Beef Chalupa
Jicama Sticks
Cucumber Slices

19

WG Calzone
Jicama Sticks
Cucumber Slices

22

Hot Dogs
Potato Wedges
Broccoli

23

Carne Asada
Nachos
Salsa + Pinto
Beans

24

Orange Chicken
w/Rice
Celery Sticks
Carrot Sticks

25

Bean And Cheese
Pupusas
Cortido + Corn

26

Chicken Verde
Rice, Black
Beans
Side Salad

29

Chicken
Sandwich
Corn Cobbette
Carrot Sticks

30

Beef Teriyaki
Rice, Broccoli
Sweet Potatoes

1

Chicken Tenders
Celery Sticks
Carrot Sticks

2

WG Chicken
Corndogs
Vegetarian Beans
Baby Carrots

3

WG Calzone
Jicama Sticks
Cucumber Slices

At lunch, students are offered all five required food components in at least the minimum required amounts.

The components at lunch are meats/meat alternates; grains; fruit; vegetables; and fluid milk (1% or FF Chocolate Milk).

Under OVS, a student must take at least **three** components in the required serving sizes. One selection must be at least $\frac{1}{2}$ cup from either the fruit or vegetable component. There will be additional fruit and vegetable options available for all students.