

APRIL 2024

9th-12th Grade Lunch

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1	2	3	4	5
<h1>Spring Break</h1>				
8 Chicken Nuggets Tater Tots Carrot Sticks	9 Bean and Cheese Burritos Salsa Cucumber Slices	10 Korean BBQ Chicken w/ Rice Corn Cheese Broccoli Dinner Roll	11 Meatball Sandwich Vegetarian Beans Jicama Sticks	12 Pepperoni Pizza Side Salad Carrot Sticks
15 Beef Burger Potato Wedges Baby Carrots	16 Chicken Tamales Pinto Beans Salsa	17 Chicken Teriyaki Rice+Broccoli Steamed Carrots Dinner Roll	18 Beef Chalupa Jicama Sticks Cucumber Slices	19 WG Calzone Jicama Sticks Cucumber Slices
22 Hot Dogs Potato Wedges Broccoli	23 Carne Asada Nachos Salsa + Pinto Beans	24 Orange Chicken w/Rice +Celery Sticks + Carrot Sticks + Goldfish	25 Bean And Cheese Pupusas Cortido + Corn	26 Chicken Verde Rice, Black Beans + Side Salad + Chips
29 Chicken Sandwich Corn Cobbette Carrot Sticks	30 Beef Teriyaki Rice, Broccoli Sweet Potatoes Goldifsh	1 Chicken Tenders Celery Sticks Carrot Sticks	2 WG Chicken Corndogs Vegetarian Beans Baby Carrots	3 WG Calzone Jicama Sticks Cucumber Slices

At lunch, students are offered all five required food components in at least the minimum required amounts.

The components at lunch are meats/meat alternates; grains; fruit; vegetables; and fluid milk (1% or FF Chocolate Milk).

Under OVS, a student must take at least **three** components in the required serving sizes. One selection must be at least ½ cup from either the fruit or vegetable component. There will be additional fruit and vegetable options available for all students.