

# JANUARY 2024

## K-8th Grade Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<b>01</b> Happy New Year!	<b>02</b> Chicken Nuggets Mashed Potato Carrot Sticks	<b>03</b> Corn Dogs Potato Wedges Celery Sticks	<b>04</b> Spaghetti w/ meatballs Side Salad + Corn	<b>05</b> Korean BBQ Chicken Bowl w/ Broccoli Sweet Potato
<b>08</b> Beef Burgers Potato Tots Lettuce+Tomato	<b>09</b> Beef Nachos Beans Salsa	<b>10</b> Chicken Alfredo Broccoli Carrot Sticks	<b>11</b> Beef Chalupa Rice, Beans, Salsa	<b>12</b> Pizza Cucumber Slices Jicama Sticks
<b>15</b> MLK Day No School	<b>16</b> Bean and Cheese Burritos Salsa +Beans	<b>17</b> Broccoli and Beef w/ Rice Carrots	<b>18</b> Chicken Tamales Rice, Beans, and Salsa	<b>19</b> Beef Sliders Potato Wedges Broccoli
<b>22</b> Chicken Sandwich Potato Tots Lettuce and Tomato	<b>23</b> Penne Pasta w/ Meat Sauce Side Salad Carrots	<b>24</b> Chicken Verde Rice, Beans, Salsa	<b>25</b> Bean and Cheese Pupusa Cortido, Corn	<b>26</b> Pizza Cucumber Slices Jicama Sticks
<b>29</b> Orange Chicken Rice, Broccoli + Carrots	<b>30</b> Spaghetti w/ meatballs Side Salad + Corn	<b>31</b> Chicken Tenders Mashed Potato Carrot Sticks		

New Year Goals!!  
All students please  
learn your PIN for  
the cafeteria

At lunch, students are offered all five required  
food components in at least the minimum  
required amounts.

The components at lunch are meats/meat  
alternates; grains; fruit; vegetables; and fluid  
milk.

Under OVS, a student must take at least three  
components in the required serving sizes.  
One selection must be at least ½ cup from  
either the fruit or vegetable component.  
There will be additional fruit and vegetable  
options available for all students.