

November

2023

Lunch K-8th Grade

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Chicken in Salsa Verde w/ Rice and Beans and Celery Sticks	2 Beef Taco Stick w/ Salsa and Carrots	3 Pizza Day w/ Side Salad and Cucumber Slices
6 Chicken Sandwich w/ Tater Tots and Lettuce and Tomato Slices	7 Beef Nachos w/ Salsa and Beans	8 Bean and Cheese Burritos w/ Cucumber Slices and Jicama Sticks	9 Turkey and Cheese Sandwich	10 No School Veterans Day
13 Beef Hamburgers w/ Tater Tots and Lettuce and Tomato Slices	14 Chicken Tamales w/ Rice and Beans and Salsa	15 Spaghetti And Meatballs w/ Side Salad and Broccoli + Breadsticks	16 Chicken Tenders and Potato Wedges and Corn	17 Chicken Pozole w/ Chips, radish, onions, and cabbage
20 Thanksgiving Break No School	21 Thanksgiving Break No School	22 Thanksgiving Break No School	23 Thanksgiving Break No School	24 Thanksgiving Break No School
27 Corn Dogs w/ Potato Wedges and Corn	28 Beef Bowls with Rice and Broccoli and Carrots	29 Chicken Alfredo w/ Side Salad and Broccoli + Breadsticks	30 Chicken Wings w/ Celery and Carrot sticks + 2 Dinner Rolls	

At lunch, students are offered all five required food components in at least the minimum required amounts. The components at lunch are meats/meat alternates; grains; fruit; vegetables; and fluid milk. Under OVS, a student must take at least three components in the required serving sizes. One selection must be at least ½ cup from either the fruit or vegetable component. There will be additional fruit and vegetable options available for all students.