

# November

2023

## Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Waffles and Fruit	2 Conchas	3 Bagels and Cream Cheese
6 Blueberry Muffin	7 Grilled Cheese Sandwich	8 Ham and Cheese Bagels	9 Coffee Cake	10 NO SCHOOL Veterans Day
13 Orange Muffin	14 Sausage Sandwich	15 Mini Pancakes	16 Yogurt Cups	17 Bagels and Cream Cheese
20 Thanksgiving Break No School	21 Thanksgiving Break No School	22 Thanksgiving Break No School	23 Thanksgiving Break No School	24 Thanksgiving Break No School
27 Banana Muffin	28 Coffee Cake	29 Waffles and Fruit	30 Conchas	

### Breakfast

- Each student must get 3 food items
- And one item must be a full serving of fruit or vegetable
- Everyday there will be a choice of cereal and whole grain crackers + fruit or juice + Milk (FF or 1% or Chocolate)
- Menu shows main entrée. There will be cereal, and crackers offered daily