

October

Breakfast Menu K-12th Grade

2023

Monday	Tuesday	Wednesday	Thursday	Friday
² Egg and Cheese Burrito	³ Blueberry Muffin	⁴ Waffles and Fruit	⁵ Yogurt Cups with Fruit	⁶ Bagels and Cream Cheese
⁹ Coffee Cake	¹⁰ Chocolate Muffin	¹¹ Grilled Cheese Sandwich	¹² Cini Minis	¹³ WG Ham And Cheese Croissant
¹⁶ Sausage Sandwich	¹⁷ French Toast	¹⁸ Cheese Tamales	¹⁹ Conchas	²⁰ Bagels and Cream Cheese
²³ Egg and Cheese Burritos	²⁴ Blueberry Muffin	²⁵ Grilled Cheese Sandwich	²⁶ Mini Pancakes	²⁷ Cinnamon Roll
³⁰ Coffee Cake	³¹ Chocolate Muffin			

Breakfast

- Each student must get 3 food items
- And one item must be a full serving of fruit or vegetable
- Everyday there will be a choice of cereal and whole grain crackers + fruit or juice + Milk (FF or 1% or Chocolate)
- Menu shows main entrée. There will be cereal, and crackers offered daily