

# March

Lunch Menu TK-8<sup>th</sup>

2023

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Creamy Pesto Pasta w/ Chicken + Side Salad and Carrots	2 Broccoli and Beef w/Rice + Edamame	3 Pizza + Jicama and Cucumbers
6 Bean And Cheese Burrito w/ Jicama and Cucumber	7 Beef Sloppy Joe Sandwich + Tater Tots and Celery Sticks	8 Chicken and Waffles + Side Salad and Carrots	9 Penne Pasta and Meat Sauce w/Bread Sticks + Broccoli and Corn	10 Cheese Pull Apart Bread + Mashed Potatoes and Carrots
13 Chicken Sandwich w/ Tater Tots + Lettuce and Tomato	14 Beef Nachos + Beans and Salsa	15 Chicken Teriyaki w/Rice Broccoli and Carrots	16 Taco Sticks + Corn and Cucumbers	17 Bean And Cheese Pupusa + Curtido and Salsa
20 Hot Dog + Potato Wedges and Corn	21 Beef Chalupas + Beans and Salsa	22 Chicken Alfredo Pasta + Side Salad and Jicama	23 Crispy Orange Chicken w/Rice + Broccoli and Carrots	24 Cheese Tamales + Rice and Salsa and Beans
27 Beef Hamburgers w/ Tater Tots + Lettuce and Tomato	28 BBQ Chicken w/Corn Muffin + Mashed Potatoes and Broccoli	29 Spaghetti and Meatballs + Side Salad and Cucumbers	30 Spicy Chicken Nuggets + Tater Tots and Jicama	31 No School

**At lunch, students are offered all five required food components in at least the minimum required amounts.**

**The components at lunch are meats/meat alternates; grains; fruit; vegetables; and fluid milk.**

**Under OVS, a student must take at least three components in the required serving sizes.**

**One selection must be at least ½ cup from either the fruit or vegetable component.**

**There will be additional fruits and vegetable options available for all students.**