

March

Lunch Menu 9th – 12th Grade

2023

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Creamy Pesto Pasta w/ Chicken + Side Salad and Carrots and Breadsticks	2 Broccoli and Beef w/Rice + Edamame	3 Pizza + Jicama and Cucumbers
6 Bean And Cheese Burrito w/ Jicama and Cucumber	7 Beef Sloppy Joe Sandwich + Tater Tots and Celery Sticks	8 Chicken and Waffles + Side Salad and Carrots and Goldfish Crackers	9 Penne Pasta and Meat Sauce w/Bread Sticks + Broccoli and Corn	10 Cheese Pull Apart Bread + Mashed Potatoes and Carrots
13 Chicken Sandwich w/ Tater Tots + Lettuce and Tomato	14 Beef Nachos + Beans and Salsa	15 Chicken Teriyaki w/Rice Broccoli and Carrots and Goldfish Crackers	16 Taco Sticks + Corn and Cucumbers	17 Bean And Cheese Pupusa + Curtido and Salsa
20 Hot Dog + Potato Wedges and Corn	21 Beef Chalupas + Beans and Salsa	22 Chicken Alfredo Pasta + Side Salad and Jicama and Breadsticks	23 Crispy Orange Chicken w/Rice + Broccoli and Carrots	24 Cheese Tamales + Rice and Salsa and Beans
27 Beef Hamburgers w/ Tater Tots + Lettuce and Tomato	28 BBQ Chicken w/Corn Muffin + Mashed Potatoes and Broccoli	29 Spaghetti and Meatballs + Side Salad and Cucumbers and Breadsticks	30 Spicy Chicken Nuggets + Tater Tots and Jicama and Goldfish Crackers	31 No School

At lunch, students are offered all five required food components in at least the minimum required amounts.

The components at lunch are meats/meat alternates; grains; fruit; vegetables; and fluid milk.

Under OVS, a student must take at least three components in the required serving sizes.

One selection must be at least ½ cup from either the fruit or vegetable component.

There will be additional fruits and vegetable options available for all students.