

## Breakfast Menu

2023

Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3
		Waffles and Fruit	Egg and Cheese Burritos	Yogurt Parfait
6	7	8	9	10
French Toast	Chocolate Muffin	Grilled Cheese Sandwich	Mini Pancakes	Apple Frudel
13	14	15	16	17
Coffee Cake	Bagel Sandwich	Mini Waffles	Sausage Sandwich	Cinnamon Roll
20	21	22	23	24
Blueberry Muffin	Bagel and Cream Cheese	Waffles and Fruit	Egg and Cheese Burritos	Yogurt Parfaits
27	28	29	30	31
Coffee Cake	Mini Cinnis	Grilled Cheese Sandwich	Egg and Cheese Biscuit	No School

## Breakfast

- Each student must get 3 food items
- And one item must be a full serving of fruit or vegetable
- Everyday there will be a choice of cereal and whole grain crackers + fruit or juice
- + Milk (FF or 1% or Chocolate)
- Menu shows main entrée.
  There will be cereal, and crackers offered daily