

September

2022

Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
			Cereal and WG Cracker ¹	WG Egg and Cheese Burritos ²
5 No School Labor Day	6 WG Coffee Cakes	7 Grilled Cheese Sandwich	8 WG Waffles and Fruit	9 Fruit and Yogurt Parfaits
12 WG Blueberry Muffin	13 WG Egg and Cheese Burritos	14 WG Sausage and Cheese Sandwich	15 Cheese Tamales	16 WG Cinnamon Rolls
19 WG Coffee Cakes	20 WG Ham and Cheese Bagel	21 Grilled Cheese Sandwich	22 Cinni Minis	23 Fruit and Yogurt Parfaits
26 WG French Toast Sticks	27 WG Egg and Cheese Burritos	28 WG Chocolate Muffins	29 WG Waffles and Fruit	30 WG Cinnamon Rolls

Breakfast

- Each student must get 3 food items
- And one item must be a full serving of fruit or vegetable
- Everyday there will be a choice of cereal and whole grain crackers + fruit or juice + Milk (FF or 1% or Chocolate)
- Menu shows main entrée. There will be cereal, and crackers offered daily