

August

2022

K-12th Grade

Breakfast

- Each student must get 3 food items
- And one item must be a full serving of fruit or vegetable
- Everyday there will be a choice of cereal and whole grain crackers + fruit or juice + Milk (FF or 1% or Chocolate)
- Menu shows main entrée



	Monday	Tuesday	Wednesday	Thursday	Friday	
	1	2	3	4	5	
	8	9	10	11	12	
First day back!!! ➔	15 WG Coffee Cake	16 WG Bagel and Cream Cheese	17 WG Chocolate Muffin	18 Cinnamon Delights	19 Yogurt Parfaits w/ Fruit	
	22 WG Blueberry Muffin	23 Egg and Cheese Burrito	24 WG Waffles w/ Strawberries	25 WG Grilled Cheese w/ Spinach and Tomato	26 WG Cinnamon Roll	
	29 WG Mini Pancakes	30 WG Bagel w/ Ham and Cheese	31 WG Chocolate Muffin	1 Cereal and WG Crackers	2 WG Egg and Cheese Burrito	

This institution is an equal opportunity provider.