

WAHS Lunch Menu



November 2021

Monday	Tuesday	Wednesday	Thursday	Friday
<p>1 Beef Chili Cheese Fries w/ Cinnamon Chips Baby Carrots 2 Whole Fruit Pear 1% White Milk Fat Free White Milk Fat Free Chocolate Milk</p>	<p>2 Chicken Teriyaki w/ Yakisoba Noodles HS Baby Carrots 100% Fruit Juice Whole Fruit 1% White Milk Fat Free White Milk Fat Free Chocolate Milk</p>	<p>3 Chicken Tamale w/ Mixed Vegetables Edamame w/ Tajin Banana Whole Fruit 1% White Milk Fat Free White Milk Fat Free Chocolate Milk</p>	<p>4 Cheese Manicotti w/ Tomato Basil Sauce Baby Carrots Whole Fruit Nectarine 1% White Milk Fat Free White Milk Fat Free Chocolate Milk</p>	<p>5 Beef, Bean & Cheese Burrito w/ Hot Sauce House Salad w/ Italian Apple Whole Fruit (Pear) 1% White Milk Fat Free White Milk Fat Free Chocolate Milk</p>
<p>8 Chicken Patty Burger w/ Oven Baked Fries Baby Carrots 2 Whole Fruit Pear 1% White Milk Fat Free White Milk Fat Free Chocolate Milk</p>	<p>9 Beef Nachos w/ Tortilla Chips Baby Carrots 100% Fruit Juice Whole Fruit 1% White Milk Fat Free White Milk Fat Free Chocolate Milk</p>	<p>10 Chicken Tamale w/ Mixed Vegetables & Bean Salad Banana Whole Fruit 1% White Milk Fat Free White Milk Fat Free Chocolate Milk</p>	<p>11</p>	<p>12 Mac & Cheese w/ Whole Grain Cookie Kale & Green Apple Salad w/ Ranch Apple Whole Fruit (Pear) 1% White Milk Fat Free White Milk Fat Free Chocolate Milk</p>
<p>15 Italian Combo Sandwich w/ Side of Baked Fries Baby Carrots Whole Fruit Pear 1% White Milk Fat Free White Milk Fat Free Chocolate Milk</p>	<p>16 Turkey Ham & Cheese Croissant w/ Baby Carrots HS Baby Carrots 100% Fruit Juice Whole Fruit 1% White Milk Fat Free White Milk Fat Free Chocolate Milk</p>	<p>17 Orange Chicken w/ Not- So-Fried Rice Edamame w/ Hot Sauce Banana Whole Fruit 1% White Milk Fat Free White Milk Fat Free Chocolate Milk</p>	<p>18 Spaghetti & Meatballs Baby Carrots Whole Fruit Nectarine 1% White Milk Fat Free White Milk Fat Free Chocolate Milk</p>	<p>19 Beef, Bean & Cheese Burrito w/Hot Sauce House Salad w/Italian Apple Whole Fruit (Pear) 1% White Milk Fat Free White Milk Fat Free Chocolate Milk</p>
<p>22 Pupil Free Day</p>	<p>23 Pupil Free Day</p>	<p>24 Holiday-No School</p>	<p>25 THANKSGIVING Holiday</p>	<p>26 Holiday-No School</p>
<p>29 Italian Combo Sandwich w/Side of Baked Fries Baby Carrots Whole Fruit Pear 1% White Milk Fat Free White Milk Fat Free Chocolate Milk</p>	<p>30 Cheese Tamale w/ Mixed Vegetables Baby Carrots 100% Fruit Juice Whole Fruit 1% White Milk Fat Free White Milk Fat Free Chocolate Milk</p>			

MENU SUBJECT TO CHANGE WITHOUT NOTICE

Breakfast includes one entrée, fruit, and fat free white milk or 1% white milk.
This institution is an equal opportunity provider.

