

# TAS Lunch Menu



**November 2021**

Monday	Tuesday	Wednesday	Thursday	Friday
<p>1 Italian Combo Sandwich w/Side of Baked Fries Pear 1% White Milk Fat Free White Milk Fat Free Chocolate Milk</p>	<p>2 Beef Nachos w/Tortilla Chips Baby Carrots 100% Fruit Juice 1% White Milk Fat Free White Milk Fat Free Chocolate Milk</p>	<p>3 Chicken Tamale w/ Mixed Vegetables Edamame w/ Tajin Banana 1% White Milk Fat Free White Milk Fat Free Chocolate Milk</p>	<p>4 Chicken Burrito Bowl w/ Whole Grain Cookie Baby Carrots Nectarine 1% White Milk Fat Free White Milk Fat Free Chocolate Milk</p>	<p>5 Meatball Sub Sandwich House Salad w/ Italian Apple 1% White Milk Fat Free White Milk Fat Free Chocolate Milk</p>
<p>8 Cheeseburger w/ Oven Baked Fries Pear 1% White Milk Fat Free White Milk Fat Free Chocolate Milk</p>	<p>9 Beef Nachos w/ Tortilla Chips Baby Carrots 100% Fruit Juice 1% White Milk Fat Free White Milk Fat Free Chocolate Milk</p>	<p>10 Build Your Own Turkey Tacos w/ Refried Beans, Tortillas &amp; Celery Banana 1% White Milk Fat Free White Milk Fat Free Chocolate Milk</p>	<p>11 VETERANS DAY No School</p>	<p>12 Mac &amp; Cheese w/ Whole Grain Cookie Kale &amp; Green Apple Salad w/ Ranch Apple 1% White Milk Fat Free White Milk Fat Free Chocolate Milk</p>
<p>15 Cheeseburger w/ Oven Baked Fries Pear 1% White Milk Fat Free White Milk Fat Free Chocolate Milk</p>	<p>16 Turkey Chili w/ Original Popped Chips Baby Carrots 100% Fruit Juice 1% White Milk Fat Free White Milk Fat Free Chocolate Milk</p>	<p>17 Orange Chicken w/ Not- So-Fried Rice Edamame w/ Hot Sauce Banana 1% White Milk Fat Free White Milk Fat Free Chocolate Milk</p>	<p>18 Spaghetti &amp; Meatballs Baby Carrots Nectarine 1% White Milk Fat Free White Milk Fat Free Chocolate Milk</p>	<p>19 Hamburger w/ BBQ Popped Chips House Salad w/Italian Apple 1% White Milk Fat Free White Milk Fat Free Chocolate Milk</p>
<p>22 Pupil Free Day</p>	<p>23 Pupil Free Day</p>	<p>24 Holiday-No School</p>	<p>25 THANKSGIVING Holiday</p>	<p>26 Holiday-No School</p>
<p>29 Beef Hot Dog on WG Bun w/ Oven Baked Fries Pear 1% White Milk Fat Free White Milk Fat Free Chocolate Milk</p>	<p>30 Cheese Tamale w/Mixed Vegetables Baby Carrots 100% Fruit Juice 1% White Milk Fat Free White Milk Fat Free Chocolate Milk</p>			

**MENU SUBJECT TO CHANGE WITHOUT NOTICE**

Breakfast includes one entrée, fruit, and fat free white milk or 1% white milk.  
This institution is an equal opportunity provider.

