

# Lunch Menu - TAS



October 2021

Monday	Tuesday	Wednesday	Thursday	Friday
				<p>1 Chicken Enchiladas w/ Red Sauce Mixed Green Salad w/ Ranch Apple 1% White Milk Fat Free White Milk Fat Free Chocolate Milk</p>
<p>4 Beef Chili Cheese Fries w/ Churro Chips Pear 1% White Milk Fat Free White Milk Fat Free Chocolate Milk</p>	<p>5 Chicken Teriyaki w/ Yakisoba Noodles Baby Carrots 100% Fruit Juice 1% White Milk Fat Free White Milk Fat Free Chocolate Milk</p>	<p>6 Meatloaf Mash &amp; Gravy &amp; Dinner Roll Pinto Bean Salad Banana 1% White Milk Fat Free White Milk Fat Free Chocolate Milk</p>	<p>7 Baked Ziti w/ Meat Sauce Baby Carrots Orange 1% White Milk Fat Free White Milk Fat Free Chocolate Milk</p>	<p>8 Beef, Bean &amp; Cheese Burrito House Salad w/ Italian Apple 1% White Milk Fat Free White Milk Fat Free Chocolate Milk</p>
<p>11 Chicken Patty Burger w/ Oven Baked Fries Pear 1% White Milk Fat Free White Milk Fat Free Chocolate Milk</p>	<p>12 Cheese Lasagna w/ Tomato Basil Sauce Baby Carrots 100% Fruit Juice 1% White Milk Fat Free White Milk Fat Free Chocolate Milk</p>	<p>13 Chicken Nuggets &amp; Mash Jicama &amp; Bean Salad w/ Tajin Dressing Banana 1% White Milk Fat Free White Milk Fat Free Chocolate Milk</p>	<p>14 Baked Ziti w/ Meat Sauce Baby Carrots Orange 1% White Milk Fat Free White Milk Fat Free Chocolate Milk</p>	<p>15 Mac &amp; Cheese w/ Whole Grain Cookie Kale &amp; Green Apple Salad w/ Ranch Apple 1% White Milk Fat Free White Milk Fat Free Chocolate Milk</p>
<p>18 Honey-Mustard Grilled Chicken Sandwich w/ Oven Baked Fries Pear 1% White Milk Fat Free White Milk Fat Free Chocolate Milk</p>	<p>19 Beef Nachos w/ Tortilla Chips Baby Carrots 100% Fruit Juice 1% White Milk Fat Free White Milk Fat Free Chocolate Milk</p>	<p>20 Orange Chicken w/ Not- So-Fried Rice Sweet Edamame Salad Banana 1% White Milk Fat Free White Milk Fat Free Chocolate Milk</p>	<p>21 Spaghetti &amp; Meatballs Baby Carrots Orange 1% White Milk Fat Free White Milk Fat Free Chocolate Milk</p>	<p>22 Beef, Bean &amp; Cheese Burrito Lettuce, Tomato, Pickle Kit Apple 1% White Milk Fat Free White Milk Fat Free Chocolate Milk</p>
<p>25 Beef Hot Dog on WG Bun w/ Oven Baked Fries Pear 1% White Milk Fat Free White Milk Fat Free Chocolate Milk</p>	<p>26 Chicken Tamale w/ Mixed Vegetables Baby Carrots 100% Fruit Juice 1% White Milk Fat Free White Milk Fat Free Chocolate Milk</p>	<p>27 Chicken Nuggets &amp; Mash Tuscan White Bean Salad Banana</p>	<p>28 BBQ Meatballs w/ Seasoned Potato Wedges &amp; Dinner Roll Baby Carrots Orange 1% White Milk Fat Free White Milk Fat Free Chocolate Milk</p>	<p>29 Beef, Bean &amp; Cheese Burrito Mixed Green Salad w/ Ranch Apple Fat Free Chocolate Milk</p>

**MENU SUBJECT TO CHANGE WITHOUT NOTICE**

Breakfast includes one entrée, fruit, and fat free white milk or 1% white milk.  
This institution is an equal opportunity provider.

