

# Lunch Menu - ACES



October 2021

Monday	Tuesday	Wednesday	Thursday	Friday
				1 Beef, Bean & Cheese Burrito Mixed Green Salad w/Ranch Apple 1% White Milk Fat Free White Milk Fat Free Chocolate Milk
4 Beef Chili Cheese Fries w/ Churro Chips Pear 1% White Milk Fat Free White Milk Fat Free Chocolate Milk	5 Chicken Teriyaki w/ Yakisoba Noodles Baby Carrots 100% Fruit Juice 1% White Milk Fat Free White Milk Fat Free Chocolate Milk	6 Meatloaf Mash & Gravy & Dinner Roll Pinto Bean Salad Banana 1% White Milk Fat Free White Milk Fat Free Chocolate Milk	7 Baked Ziti w/ Meat Sauce Baby Carrots 2 Orange 1% White Milk Fat Free White Milk Fat Free Chocolate Milk	8 Chicken Salad Sandwich House Salad w/Italian Apple 1% White Milk Fat Free White Milk Fat Free Chocolate Milk
11 Chicken Patty Burger w/Oven Baked Fries Pear 1% White Milk Fat Free White Milk Fat Free Chocolate Milk	12 Cheese Lasagna w/Tomato Basil Sauce Baby Carrots 100% Fruit Juice 1% White Milk Fat Free White Milk Fat Free Chocolate Milk	13 Chicken Nuggets & Mash Jicama & Bean Salad w/Tajin Dressing Banana 1% White Milk Fat Free White Milk Fat Free Chocolate Milk	14 Baked Ziti w/ Meat Sauce Baby Carrots Orange 1% White Milk Fat Free White Milk Fat Free Chocolate Milk	15 Mac & Cheese w/Whole Grain Cookie Kale & Green Apple Salad w/Ranch Apple 1% White Milk Fat Free White Milk Fat Free Chocolate Milk
18 Honey-Mustard Grilled Chicken Sandwich w/Oven Baked Fries Pear 1% White Milk Fat Free White Milk Fat Free Chocolate Milk	19 Turkey Chili w/ Original Popped Chips Baby Carrots 100% Fruit Juice 1% White Milk Fat Free White Milk Fat Free Chocolate Milk	20 Orange Chicken w/ Not-So-Fried Rice Sweet Edamame Salad Banana 1% White Milk Fat Free White Milk Fat Free Chocolate Milk	21 Spaghetti & Meatballs Baby Carrots Orange 1% White Milk Fat Free White Milk Fat Free Chocolate Milk	22 Beef, Bean & Cheese Burrito Apple 1% White Milk Fat Free White Milk Fat Free Chocolate Milk
25 Beef Hot Dog on WG Bun w/Oven Baked Fries Pear 1% White Milk Fat Free White Milk Fat Free Chocolate Milk	26 Chicken Tamale w/Mixed Vegetables Baby Carrots 100% Fruit Juice 1% White Milk Fat Free White Milk Fat Free Chocolate Milk	27 Chicken Alfredo Pasta w/ Steamed Broccoli & Holiday Cookie Tuscan White Bean Salad Banana 1% White Milk Fat Free White Milk Fat Free Chocolate Milk	28 BBQ Meatballs w/Seasoned Potato Wedges & Dinner Roll Baby Carrots Orange 1% White Milk Fat Free White Milk Fat Free Chocolate Milk	29 Chicken Enchiladas w/Red Sauce Mixed Green Salad w/Ranch Apple 1% White Milk Fat Free White Milk Fat Free Chocolate Milk

**MENU SUBJECT TO CHANGE WITHOUT NOTICE**

Breakfast includes one entrée, fruit, and fat free white milk or 1% white milk.

This institution is an equal opportunity provider.

