



MARCH 2019 SUPPER MENU AFTER SCHOOL EVERY DAY!

THE ACCELERATED SCHOOL
ACCELERATED CHARTER ELEMENTARY SCHOOL
WALLIS ANNENBERG HIGH SCHOOL

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



**After School Supper is
FREE for all kids and teens
age 18 and younger!
3 PM—4 PM**



Enjoy Milk!
1% milk or
skim milk
are available
with each sup-



The new **POWER BOX** is filled with full servings of whole grains, lean protein, fruit and vegetables.

1
WG Cheese Calzone(1 each)
Cherry Tomatoes (1/2 cup)
Apple (1/2 cup)
Milk (8 ounces)

4
WG Corn Dog (1 each)
Celery Sticks (1/2 cup)
Pear (1/2 cup)
Milk (8 ounces)

5
WG Grilled Cheese Sandwich (1 each)
Carrot Sticks (1/2 cup)
Apple (1/2 cup)
Milk (8 ounces)

6
WG Bean & Cheese Burrito (1 each)
Cucumber Slices (1/2 cup)
Banana (1/2 cup)
Milk (8 ounces)

7
WG Cinniminis (1 package)
String Cheese (1 oz)
Orange Juice(4 oz)
Carrot Sticks(1/2 cup)
Milk (8 ounces)

8
Cheeseburger Sliders (1 package)
Cherry Tomatoes (1/2 cup)
Apple (1/2 cup)
Milk (8 ounces)

11
WG Chicken Nuggets (5 each)
Celery Sticks (1/2 cup)
Pear (1/2 cup)
Milk (8 ounces)

12
WG Grilled Cheese Sandwich (1 each)
Carrot Sticks (1/2 cup)
Apple (1/2 cup)
Milk (8 ounces)

13
WG Bean & Cheese Burrito (1 each)
Cucumber Slices (1/2 cup)
Banana (1/2 cup)
Milk (8 ounces)

14 **POWER BOX**
WG Goldfish Crackers (1 oz)
Yogurt (4 oz)
Dried Cranberries (1 oz)
Carrot Sticks(1/2 cup)
Milk (8 ounces)



15
WG Cheese Calzone(1 each)
Cherry Tomatoes (1/2 cup)
Apple (1/2 cup)
Milk (8 ounces)

18
WG Corn Dog (1 each)
Celery Sticks (1/2 cup)
Pear (1/2 cup)
Milk (8 ounces)

19
WG Grilled Cheese Sandwich (1 each)
Carrot Sticks (1/2 cup)
Apple (1/2 cup)
Milk (8 ounces)

20
WG Bean & Cheese Burrito (1 each)
Cucumber Slices (1/2 cup)
Banana (1/2 cup)
Milk (8 ounces)

21
WG Cinniminis (1 package)
String Cheese (1 oz)
Orange Juice(4 oz)
Carrot Sticks(1/2 cup)
Milk (8 ounces)

22
Cheeseburger Sliders (1 package)
Cherry Tomatoes (1/2 cup)
Apple (1/2 cup)
Milk (8 ounces)

25
WG Chicken Nuggets (5 each)
Pear (1/2 cup)
Milk (8 ounces)

26
WG Grilled Cheese Sandwich (1 each)
Carrot Sticks (1/2 cup)
Apple (1/2 cup)
Milk (8 ounces)

27
WG Bean & Cheese Burrito (1 each)
Cucumber Slices (1/2 cup)
Banana (1/2 cup)
Milk (8 ounces)

28 **POWER BOX**
WG Goldfish Crackers (1 oz)
Yogurt (4 oz)
Dried Cranberries (1 oz)
Carrot Sticks(1/2 cup)
Milk (8 ounces)



29
WG Cheese Calzone(1 each)
Cherry Tomatoes (1/2 cup)
Apple (1/2 cup)
Milk (8 ounces)