

MARCH 2020

Supper Menu

Supper is free to anyone under 18 years of age. Each student can get one free supper meal per day.

Monday

2

Turkey & Cheese Sandwich 1 each
Cucumber Slices – ½ cup
Apples – 1 each
Milk – Fat free or 1% (8oz each)

9

Spaghetti w/Meat Sauce – 8 oz
Cucumber Slices – ½ cup
Apples – 1 each
Milk – Fat free or 1% (8oz each)

16

Turkey & Cheese Sandwich 1 each
Cucumber Slices – ½ cup
Apples – 1 each
Milk – Fat free or 1% (8oz each)

23

Pesto Chicken over Pasta 8oz
Cucumber Slices – ½ cup
Apples – 1 each
Milk – Fat free or 1% (8oz each)

30

Mac and Cheese bowls 8oz
Jicama Sticks – ½ cup
Fruit Cups – 4oz
Milk – Fat free or 1% (8oz each)

Tuesday

3

Hot Dogs – 1 each
Carrot Sticks – ½ cup
Oranges – 1 each
Milk – Fat free or 1% (8oz each)

10

Bean and Cheese Burritos – 1 each
Jicama Sticks – ½ cup
Oranges – 1 each
Milk – Fat free or 1% (8oz each)

17

Calzones 1 each
Carrots Sticks – ½ cup
Fruit Cups – 4oz
Milk – Fat free or 1% (8oz each)

24

Corn Dogs 1 each
Jicama Sticks – ½ cup
Fruit Cups – 4oz
Milk – Fat free or 1% (8oz each)

31

Bean and Cheese Burritos – 1 each
Jicama Sticks – ½ cup
Oranges – 1 each
Milk – Fat free or 1% (8oz each)

Wednesday

4

Yogurt Cups – 1 ea
String Cheese – 1 ea
Chex Mix – 1 ea
Apples – 1 ea
Carrots ½ c
Milk – Fat free or 1% (8oz each)

11

Yogurt Cups – 1 ea
String Cheese – 1 ea
Chex Mix – 1 ea
Apples – 1 ea
Carrots ½ c
Milk – Fat free or 1% (8oz each)

18

Yogurt Cups – 1 ea
String Cheese – 1 ea
Chex Mix – 1 ea
Apples – 1 ea
Carrots ½ c
Milk – Fat free or 1% (8oz each)

25

Yogurt Cups – 1 ea
String Cheese – 1 ea
Chex Mix – 1 ea
Apples – 1 ea
Carrots ½ c
Milk – Fat free or 1% (8oz each)

Thursday

5

Chicken Tenders – 3 each
Potato Puffs – ½ cup
Banana – 1 each
Milk – Fat free or 1% (8oz each)

12

Chicken Patty Sandwich- 1 each
Potato Puffs – ½ cup
Banana – 1 each
Milk – Fat free or 1% (8oz each)

19

Mini Pizzas 1 each
Potato Puffs – ½ cup
Banana – 1 each
Milk – Fat free or 1% (8oz each)

26

Chicken Tenders – 3 each
Potato Puffs – ½ cup
Banana – 1 each
Milk – Fat free or 1% (8oz each)

Friday

6

Mini French Toast – 1 package
String Cheese – 1 each
Apples – 1 each
Celery Sticks – ½ cup
Milk – Fat free or 1% (8oz each)

13

Cinni Mini 1 each
String Cheese – 1 each
Apples – 1 each
Celery Sticks – ½ cup
Milk – Fat free or 1% (8oz each)

20

Pupil Free Day

27

Cinni Mini 1 each
String Cheese – 1 each
Apples – 1 each
Celery Sticks – ½ cup
Milk – Fat free or 1% (8oz each)