

# OCTOBER 2019

## ACES Tk-6th<sup>th</sup> Grade

All students receive one free lunch per day.

All Students will have a pizza and salad option daily.

Monday	Tuesday	Wednesday	Thursday	Friday
	<b>1</b> Chicken Tamales Pinto Beans Cucumber and Jicama Apples Milk- 1% or Fat Free	<b>2</b> Beef Teriyaki Brown Rice Carrots and Broccoli Peaches Milk – 1% or Fat Free	<b>3</b> Baked Pasta Bread Stick Garden Salad Cherry Tomatoes Grapes Milk – 1% or Fat Free	<b>4</b> Beef Chalupa Bowl Jicama and Cucumber Black Bean Salad Apples Milk -1% or Fat Free
<b>7</b> Chicken Tenders Corn Mashed Potatoes Plums Milk- 1% or Fat Free	<b>8</b> Beef Nachos Pinto Beans Salsa Apples Milk- 1% or Fat Free	<b>9</b> Chicken Verde w/ Brown Rice Black Beans & Corn Peach Cups Milk – 1% or Fat Free	<b>10</b> Corn Dog Celery Sticks Baby Carrots Apples Milk – 1% or Fat Free	<b>11</b> Vegetarian Lasagna Garden Salad Dinner Roll Broccoli w/ Ranch Grapes Milk – 1% or Fat Free
<b>14</b> <b>No School</b>	<b>15</b> Chicken Alfredo w/ Penne Pasta Garden Salad Cherry Tomatoes Fruit Cups Milk – 1% or Fat Free	<b>16</b> Chicken Patty Sandwich Potato Puffs Carrot Sticks Banana Milk- 1% or Fat Free	<b>17</b> Bean and Cheese Burritos Black Bean Salad Jicama Sticks Pears Milk – 1% or Fat Free	<b>18</b> Pepperoni Pizza Broccoli Corn Cob Apples Milk – 1% or Fat Free
<b>21</b> Beef Chalupa Pinto Beans Cucumber Salad Apples Milk – 1% or Fat Free	<b>22</b> Chicken Tamales Corn Carrots Pears Milk – 1% or Fat Free	<b>23</b> Corn Dogs Potato Salad Broccoli Banana Milk -1% or Fat Free	<b>24</b> Chicken and Waffles Cucumber Salad Celery Sticks Grapes Milk – 1% or Fat Free	<b>25</b> Chicken Tostada Bowl Salad w/ Romaine Lettuce and Diced Tomatoes, Corn and Cheese & Dinner Roll Apples Milk – 1% or Fat Free
<b>28</b> Bean and Cheese Burritos Corn Jicama Sticks Pears Milk – 1% or Fat Free	<b>29</b> Beef Nachos Pinto Beans Salsa Apples Milk- 1% or Fat Free	<b>30</b> Meatball Sandwich Carrot Sticks Broccoli Banana Milk – 1% or Fat Free	<b>31</b> Hot Dogs Chili Beans Corn Apples Milk – 1% or Fat Free	